

Trauma Assist: Reversing the trend of traumatic stress-triggered absence and disability



First responders and front-line workers face serious and potentially traumatizing circumstances on the job. This can put their mental health and ability to work in jeopardy which comes at an extraordinary cost for the individual, their families, and your organization.

A clinical study of Morneau Shepell's Trauma Assist Program shows that our program can prevent traumatic stress exposure from leading to absences, short and long term disability.

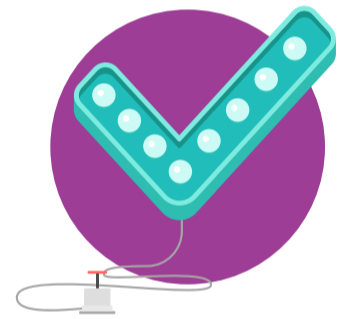
How Trauma Assist makes a difference

Focused on early intervention, Trauma Assist provides accessible, confidential, and effective support so your organization can remain at peak operational capacity while protecting the mental health of your people.



99% of participants showed **significant functional improvement** at work and home

84% had **mild or no post trauma symptoms** after the program, increasing their productivity at work



Participants **engage and reduce symptoms quickly**, decreasing length of absence and short term disability

Participants **develop skills to reduce post trauma stress symptom recurrence**, reducing future absences and disability claims



For those off work, **return to work after the program was faster and more sustainable**

Trauma Assist is a voluntary, accessible, and confidential solution that helps individuals cope with mild to moderate traumatic stress and build resilience in their lives.

Trauma Assist uses early intervention and evidence-based treatment practices to reduce participants symptoms and keep them at work in a healthy and safe way.

Trauma Assist Program improves the mental health of your people for better business results.

[Contact us today to learn more](#)