



Form of Proxy for the Annual Meeting of Shareholders to be held on May 3, 2022

THIS PROXY IS SOLICITED ON BEHALF OF THE DIRECTORS OF LIFEWORKS INC.

The undersigned shareholder of LifeWorks Inc. (the "Company") hereby appoints Jill Denham, Chair of the Board, or failing her, Ron Lalonde, Director of the Company, or instead of either of them, \_\_\_\_\_, as proxy of the undersigned, with full substitution, to attend, vote and act for and on behalf of the undersigned at the Annual Meeting of Shareholders of the Company to be held on Tuesday, May 3, 2022 commencing at 10:30 a.m. (Eastern Time) and at the continuation of the meeting after any adjournment. The Meeting will be a virtual meeting conducted via live audio webcast via www.virtualshareholdermeeting.com/LifeWorks2022. The purpose of the meeting is to vote upon the following matters, and any other business that may properly come before the meeting:

1. Vote as indicated below (or, if no specification is made, Vote FOR) respecting the election of the directors of the Company;

- Luc Bachand Vote FOR [ ] or WITHHOLD VOTE [ ]
Robert Courteau Vote FOR [ ] or WITHHOLD VOTE [ ]
Gillian (Jill) Denham Vote FOR [ ] or WITHHOLD VOTE [ ]
Ron Lalonde Vote FOR [ ] or WITHHOLD VOTE [ ]
Bradford (Brad) Levy Vote FOR [ ] or WITHHOLD VOTE [ ]
Stephen Liptrap Vote FOR [ ] or WITHHOLD VOTE [ ]
Chitra Nayak Vote FOR [ ] or WITHHOLD VOTE [ ]
Kevin Pennington Vote FOR [ ] or WITHHOLD VOTE [ ]
Dale Ponder Vote FOR [ ] or WITHHOLD VOTE [ ]

2. Vote FOR [ ] or WITHHOLD VOTE [ ] (or, if no specification is made, vote FOR) the re-appointment of KPMG LLP to act as auditors of the Company, and to authorize the directors to fix their remuneration.

3. Vote FOR [ ] or AGAINST [ ] (or, if no specification is made, vote FOR) an advisory resolution, the text of which is set out ON PAGE 13 OF the Management Information Circular dated March 16, 2022 (the "Circular"), to ACCEPT the Company's approach to executive compensation as more particularly described in the Circular.

Executed on the \_\_\_\_\_ day of \_\_\_\_\_, 2022.

Number of Shares: \_\_\_\_\_

Signature of Shareholder or authorized legal representative

Name of Shareholder (Please print clearly)

Name of authorized legal representative, if applicable

NOTES:

(1) A Shareholder has the right to appoint a person to represent the Shareholder at the meeting other than the Director representatives designated in this proxy. A registered Shareholder who wishes to appoint some other person to represent them at the meeting may do so by inserting such person's name in the blank space provided in the form of proxy or by completing another proper form of proxy. Such other person need not be a Shareholder. Proxies designated by way of the Internet or telephone must be received before 5:00 p.m. (Eastern Time) on April 29, 2022.

(2) To be valid, proxies must be returned to Broadridge Investor Communications Corporation so as to arrive no later than 5:00 p.m. (Eastern Time) on April 29, 2022 or, if the meeting is adjourned, 48 hours (excluding Saturdays and holidays) before any reconvened meeting, or be deposited with the Chair of the meeting by no later than prior to the commencement of the Meeting or any reconvened meeting. Proxies may be returned by:

Internet: proxyvote.com

Telephone: 1-800-474-7493 (English) or 1-800-474-7501 (French)

Mail: Broadridge Investor Communications Corporation, Data Processing Centre, P.O. Box 3700, Stn. Industrial Park, Markham, Ontario, L3R 9Z9

(3) If the Shareholder is an individual, this proxy must be signed in the same way that the common shares of the Company ("Shares") are registered. If the Shareholder is a company, this proxy must be executed by a duly authorized officer or attorney of the Shareholder and, if the company has a corporate seal, its corporate seal should be affixed. If the Shares are registered in the name of an executor, administrator or trustee, please sign exactly as the Shares are registered. If the Shares are registered in the name of a deceased or other Shareholder, the Shareholder's name must be printed in the space provided, the proxy must be signed by the legal representative with his/her name printed below his/her signature, and evidence of authority to sign on behalf of the Shareholder must be attached to this proxy. The Company, in its sole discretion, may require additional evidence of authority or additional documentation.

(4) For further information regarding the completion and use of this proxy and for other information pertaining to the meeting, please refer to the Circular.

(5) If a Share is held by two or more persons, any one of them present or represented by proxy at the meeting may, in the absence of the other or others, vote in respect thereof, but if more than one of them are present or represented by proxy, they shall vote together in respect of the Share so held.

(6) If this Proxy is not dated in the space provided, it shall be deemed to bear the date it was received by Broadridge.