

The LifeWorks advantage

To thrive in 2021, organizations must offer visible support for mental health, financial wellbeing, parents and caregivers, and managers. LifeWorks is the solution to support all of your people during these unprecedented times.



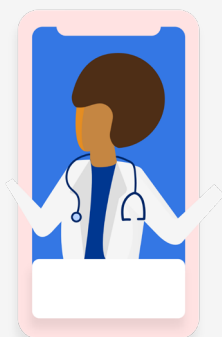
LifeWorks combines a modern Employee Assistance Program (EAP)

with innovative digital resources to form a unified wellbeing solution. Our mobile-first platform gives your people multiple reasons to come back.



Modern Employee Assistance

LifeWorks is the total wellbeing solution that people love to use. With modern Employee Assistance Program (EAP) and innovative digital resources, your people are supported at every step - and twist and turn - of their wellbeing journey.



Flexible counselling modalities

Counselling is available over the phone, face to face, or via web video. To get started, employees simply call the EAP and talk to a LifeWorks consultant. They work together on selecting the right counselling modality based on need, comfort level and the availability of your employee.



Support for parents and caregivers

Through counselling, referrals to community services and online resources, parents and caregivers have access to the support they need to navigate these challenging times. Avoiding burnout is crucial to employee health and engagement, and LifeWorks can help your people create sustainable plans to manage caregiving responsibilities.



Financial wellness

LifeWorks can help your employees reach their financial goals. The LifeWorks online platform also has calculators, articles and other content to help employees understand their finances and manage their money.



Manager support

Managers can access consultations with master's-level EAP clinical professionals with advanced training in addressing workplace issues. The LifeWorks Resource Guide for Managers, Supervisors, and Other People Leaders and other resources can help managers address sensitive workplace situations like conflict, racism, and mental health concerns.



Critical incident response

When there's a critical incident in the workplace, such as an accident, act of workplace violence, or other major unexpected event, LifeWorks is there for you. LifeWorks provides guidance, coaching and service coordination to stabilize the workplace, reduce stress and mitigate risk associated with incidents of trauma or violence.

Contact your LifeWorks Sales Representative to learn more.

lifeworks.com

Services may vary by region